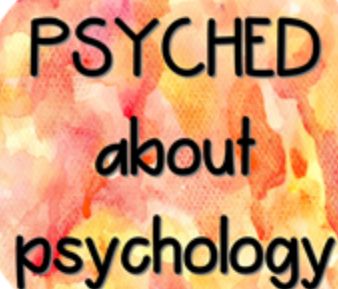


Thank you for
downloading My
Depression Playlist.



PSYCHED
about
psychology

Although we all have different music preferences, these songs are commonly uplifting for those struggling with depression or symptoms of depression. Check it out, let me know what you think!

Want even more psychology resources?

Check out my blog...

<https://ambermitchellok.wixsite.com/mysite>

I have links to other great free psychology resources.

My Depression Playlist

- "Gonna Fly Now" by Bill Conti
- "Hold On" by Good Charlotte
- "Demons" by Imagine Dragons
- "Second Chance" by Shinedown
- "If I Lose Myself" by One Republic
- "Break Me Out" by The Rescues
- "Stronger" by Kelly Clarkson
- "Secrets" by One Republic
- "Praying" by Kesha
- "Learn To Let Go" by Kesha
- "Perfect" by Pink
- "Let Me Go" by Avril Lavigne
- "Firework" by Katy Perry
- "Warrior" by Demi Lovato
- "Nightingale" by Demi Lovato
- "Brave" by Sara Bareilles
- "Bad Day" by Daniel Powter
- "Million Reasons" by Lady Gaga
- "Every Tear Drop Is A Waterfall" by Coldplay
- "Beautiful Trauma" by Pink
- "Stand By You" by Rachel Platten
- "Rock Bottom" by Hailee Steinfeld